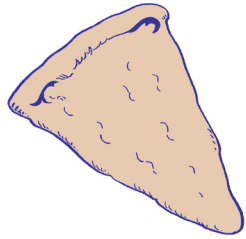


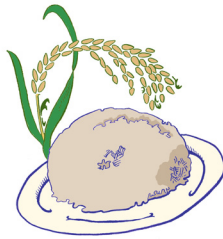
Lunch Menu

How To Order On Veggie Planet..

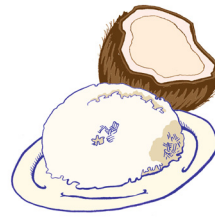
First choose what you want to order it on:



Pizza Dough



Brown Rice




Coconut Rice

Next choose any one of the following delicious entrees to go on top.

Portobello Redhead - roasted portobello mushrooms, caramelized onions, rosemary & sage, smothered in romesco (roasted red pepper & almond) sauce and topped with feta cheese small \$6.85 large \$11.15

Mexican Bean - black bean puree and pepper jack cheese topped with our homemade salsa and sprinkled with fried garlic small \$6.85 large \$11.15

Peanut Curry - coconut rice (even on the pizza dough), broccoli and Thai-peanut curry sauce topped with fried tofu croutons and peanuts small \$6.85 large \$11.15 

Oddlot - fresh marinated tomatoes, spinach, and our homemade tofu-basil mash topped with kalamata olives and fried garlic small \$6.85 large \$11.15 

Safe & Sound - fresh marinated tomatoes, sliced mozzarella and asiago cheese (add spinach at no charge) topped with basil and fried garlic. *we can make it "**Unsafe**" by adding hot chili sauce* small \$7.15 large \$11.35

Blonde on Blonde - our "white" pizza: homemade tofu-basil mash, sliced mozzarella and asiago cheese (add spinach at no charge) topped with fried garlic small \$6.85 large \$11.15


Henry's Lunch - roasted butternut squash, caramelized onions, rosemary & sage, goat cheese and asiago cheese small \$7.15 large \$11.35

Opened-Face Grilled Cheese - fresh tomatoes, scallions and Cabot® Vermont cheddar cheese (add broccoli at no charge) topped with basil small \$6.50 large \$10.75


Caesar on a Big Cheesy Crouton - our Caesar Salad served over pizza dough (or rice) encrusted with asiago cheese small \$7.15 large \$11.35

Weekly Special - see our Specials Board or ask your server for this week's special small \$7.15 large \$11.35

Additional Entrees

Peanut Udon Noodle Salad - cold whole wheat noodles tossed with romaine lettuce, fresh tomatoes, broccoli, scallions, peanuts, and a ginger-peanut dressing small \$7.15 large \$10.95 

Mac & Cheese - whole wheat macaroni, cheddar cheese, fresh tomatoes, broccoli, and scallions sprinkled with asiago cheese small \$6.75 large \$10.75

Roasted Vegetables and Rice - roasted butternut squash, portobello mushrooms, caramelized onions, fresh tomatoes, and spinach, topped with olive oil and fried garlic small \$6.85 large \$10.75 

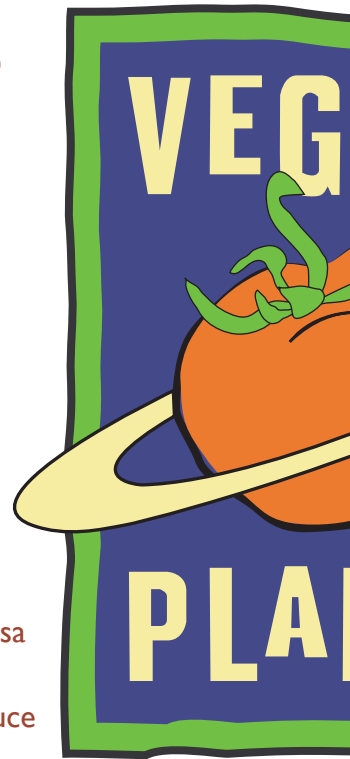
Additions

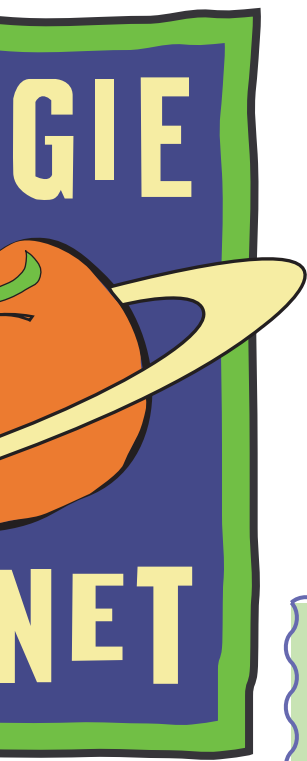
small \$.50 large \$1.00 : broccoli, olives, fresh tomatoes, fresh marinated tomatoes, butternut squash, spinach, black bean puree, house salsa, caramelized onions, tofu croutons, peanuts, feta cheese, asiago cheese

small \$1.00 large \$1.50 : portobello mushrooms, romesco sauce, peanut curry sauce, tofu-basil mash, mozzarella cheese, cheddar cheese, pepper-jack cheese, goat cheese, soy mozzarella cheese, soy cheddar cheese



the items on the menu bearing this symbol are already vegan. But if you wish, almost everything on the menu can be made vegan by substituting the cheese with our homemade tofu-basil mash or Teese® brand soy cheese





Soup and Salads

Soup of the Week - see our Specials Board or ask your server for this week's special served with our organic flatbread small \$3.95 large \$4.95 🍅

Salad of the Week - see our Specials Board or ask your server for this week's special served with our organic flatbread small \$6.25 large \$9.95 🍅

Planet Salad - romaine lettuce, tomatoes and our tofu croutons tossed in a tomato-balsamic vinaigrette small \$4.15 large \$7.15 🍅

Greek Salad - romaine lettuce, fresh tomatoes, red onions and kalamata olives tossed in a Greek dressing and topped with feta cheese or our tofu-basil mash small \$6.50 large \$10.25

Caesar Salad - romaine lettuce, tomatoes, broccoli, our tofu croutons, and kalamata olives tossed in our Caesar dressing and topped with asiago cheese or tofu-basil mash small \$6.50 large \$10.25

Lunch Specials

Soup / Salad Combo - a smaller version of the salad of your choice served with a small Soup of the Week \$7.25

1/2 Pizza with Soup or Salad Combo - half of any small pizza with your choice of small soup or side salad \$7.75

Doubleheader - choose two of our pizza entrees to have side by side on dough or on the same plate of rice small \$7.50 large \$11.75

Desserts

Dessert of the Week - always delicious \$2.75 🍅

Our Fudge Brownie - made with Equal Exchange fair trade organic chocolate *available with or without walnuts* \$2.75 🍅

Ice Cream - your choice of vanilla, mint-chip, or soy vanilla \$2.75

"Full-Contact" Brownie - our fudge brownie served with your choice of vanilla, mint-chip, or soy vanilla ice cream \$4.75

Beverages

Home-brewed traditional or crimson berry iced tea \$1.75

Fresh-squeezed Lemonade \$1.75

Blue Sky Natural Sodas - Organic Orange, Organic Cola, Grape, Black Cherry, and Root Beer \$1.55

Poland Springs Sparkling Water \$1.55

Farm-fresh orange juice \$2.50

Equal Exchange Fair-Trade Coffee and Hot Cocoa, Home-brewed earl grey, greek mint, and herbal chai teas \$1.55 (refills for \$.50)

Kids' Menu

Mac n' Cheese \$3.95

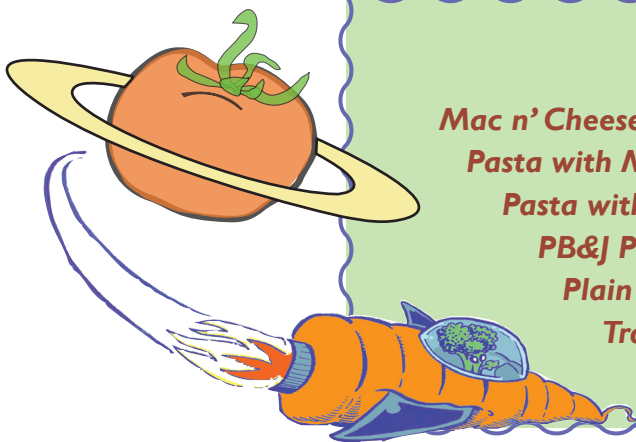
Pasta with Marinara Sauce \$3.25

Pasta with Butter, Soy Butter, or Olive Oil \$3.25

PB&J Pizza \$4.95

Plain Cheese Pizza \$5.75

Traditional Cheese Pizza with Marinara \$5.95



Veggie Planet is a proud member of Cambridge Local First, a network of locally owned, independently run, businesses that share a commitment to building a strong local economy and a vibrant, distinct community.

(see www.cambridgelocalfirst.org to find out more)

some of our own favorite local businesses include:

- **Christina's Ice Cream**, from whom we get our vanilla and mint-chip ice creams and most of our spices
 - **Toscanini's**, from whom we get our vegan vanilla ice cream
 - **MEM Tea**, from whom we get all of our hot and cold teas
- **Cambridge Brewing Company**, from whom we get our beers
- **Boston Organics**, from whom we get our organic, fair-trade bananas
- **21st Century Tofu**, from whom we get our organic tofu and tempeh
- **Haley House Bakery and Café**, from whom we get our organic pizza dough
 - **Food For Free**, to whom we donate a percentage of our profits
 - And, of course, **Club Passim**, from whom we get our organic live music and with whom we are honored to share this space



Hours of Operation:

11:30 AM - 10:30 PM

Monday - Thursday

11:30 AM - 11:00 PM

Friday - Saturday

4 PM - 10:30 PM

Sunday

Sunday Brunch

11 AM - 3 PM

47 Palmer St. Cambridge, MA 02138

(617) 661 • 1513

www.veggieplanet.net

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